

Allowing God to Clean Out the Junk in Our Minds
An Attitude of Contentment

February 19, 2012

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Introduction

Learning to be Content in Life:

Envy involves misplaced pursuits: James 3:13-16.

- The word *envy* (zelon):
There is a good use meaning zeal.
There is a bad use meaning jealousy or rivalry.

➤ Envy wants what God has given to someone else.

Envy involves misplaced perspectives:
Genesis 25:21-34 & 27:1-40.

➤ Envy is discontent with what God has given to us.

➤ Envy views people as objects.

The solution to envy is contentment: Philippians 4:11-13.

- The world *content* (autarkies) means sufficiency.
 - Contentment occurs when God and all that He gives to us is sufficient for us.
 - Contentment requires maintaining joy in the present moments.