

***Brokenness: Experiencing God's Grace in the
Midst of Emotional Despair***
Psalm 25
March 1, 2015

Introduction

Finding Emotional Stability in Christ

Causes of emotional despair:

Emotional despair caused by God.

1. I have sinned. (18)
2. I am not following God's will. (1 Samuel 18:10)

Emotional despair not caused by God.

1. I am alone. (16)
2. I am going through a rough patch in life. (17)
3. I am being attacked. (18)
4. I am facing health difficulties.

➤ Application: cling to Christ!

Clinging to God in the midst of emotional despair:

I trust God. (1-3)

I submit to God's purposes. (4-7)

I affirm God's character. (8-10)

I reflect on God's blessings. (11-15)

I am honest with God. (16-20)

I am going to keep pressing on with God. (21-22)