

Learning Contentment in an Amazon Nation
Philippians 4:10-13
June 12, 2016

Introduction

Our human tendency: self-sufficiency

What is contentment?

Looking at culture:

Roman culture: stoicism

American culture: individualism and consumerism

Our solution: Christ-sufficiency

What does it mean to *learn* contentment?

What does it mean to be Christ-centered?

Re-evaluating the abundant life

Essential question: what is the abundant life to us?

Secondary questions:

1. What are my true needs vs. wants?
2. What are my preventative measures?
3. Am I willing to resist impulsiveness?
4. Am I willing to rely on other people?
5. Am I praying about financial decisions?
6. Am I thanking God for His blessings?
7. What is my go to response in moments of discontent?

Philippians 4:10-13

¹⁰ I rejoiced greatly in the Lord that at last you renewed your concern for me. Indeed, you were concerned, but you had no opportunity to show it.¹¹ I am not saying this because I am in need, for I have learned to be content whatever the circumstances.¹² I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want.¹³ I can do all this through him who gives me strength.